Do you know the Rolling Valley Swim and Tennis Club?

7019 Ashbury Drive Springfield, Virginia 22152

A great place to make friends, relax, exercise, and so much more!

Explore, join and enjoy!

1) Enjoy an affordable summer-long pleasure for the whole family + activities through the year!

2) Swim safely at every age at varying pool depths
   - ✓ Baby pool: with sunshade and fun fountains
   - ✓ Middle pool: only nearby pool for 3- to 6-year-old
   - ✓ Big pool: 25 meters, lap lane, diving board, basketball hoop, night lights
   - ✓ Swimming lessons and lifeguards

3) Be part of the Rolling Valley Dolphins: **2026 Division Champions** and **Sportsmanship Award** winner – a team focused on individual improvement and positive encouragement
   - ✓ Dolphin Pups Program (ages 3-7) learning to swim one lap (25 Meters) across the pool
   - ✓ Main Team (ages 5- 18)
     - ➢ Professional and Junior Coaches to help swimmers of all skill levels
     - ➢ Opportunities to grow as an individual and a team member
     - ➢ Young leaders
     - ➢ Fun social activities for team cohesion

4) Play tennis and pickle ball on lighted courts. Practice on our tennis wall.
   - ✓ Camps and lessons available. See: https://unbeatabletennis.com/rolling-valley
   - ✓ Free access to courts -- all year round with full membership
   - ✓ Seated area to watch our aspiring tennis stars

5) Get to know and socialize with neighbors around food, fun contests, games, music, etc.
   - ✓ Picnics, sundaes, free access to grills for outdoor cooking, visiting food trucks
   - ✓ Color runs, cardboard regattas, lighted raft nights, belly flop contests, trivia, bingo, etc.
   - ✓ Live bands, music theme nights

6) Hold your private parties at our covered pavilion
   - ✓ Guest passes available for non-members

7) Stay connected or work by the pools or courts with free 5G WIFI

8) Use our bathrooms, private showers and changing stations, baby changing tables

9) Access easily: large free parking, safe paved walkways away from traffic

10) Enjoy the beautiful landscape

11) Relax relying on a trusted Club open every year since 1969
   - ✓ All-volunteer Board of Directors working to offer a great experience and keep costs low

12) Great value! **Memberships available at rvstc.org or contact rvstc.membership@gmail.com**
   - ✓ Full bond or seasonal associate memberships
   - ✓ Active military discount; winter sale; installment plans
   - ✓ **New bond members pay no dues their first year of membership!**

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